

# Blue Fins All-Time Top 5 Performances

## Long Course

## Senior Women

### 50 Free

26.59	STEINSEIFER, CARRIE	7/29/90
27.69	WILLI, JEANNA M.	7/18/96
27.87	MACMANUS, DIANA	5/28/99
27.98	RASMUSON, KIRSTEN	3/25/00
28.22	KLINE, LAURIE	7/30/92

### 200 Back

2:18.82	KREUTZJANS, BECKY	3/28/01
2:21.58	MACMANUS, DIANA	5/28/99
2:23.99	CURNOW, FEONA	1/1/81
2:24.45	KILIAN, CAROLINE	8/8/95
2:25.95	KEITHLY, ERICKA	8/7/92

### 100 Free

57.85	STEINSEIFER, CARRIE	7/29/90
58.15	KILIAN, CAROLINE	8/8/95
1:00.15	ACKERMAN, C	1/1/82
1:00.52	KREUTZJANS, BECKY	5/24/02
1:00.87	ELLIS, ALEXANDRA	7/14/05

### 100 Breast

1:11.88	ELLIS, ALEXANDRA	12/2/04
1:12.88	RASMUSON, KIRSTEN	12/2/99
1:14.87	SHANNAHAN, MONICA	7/23/98
1:16.46	ELLIS, CORINNE	8/15/01
1:17.04	ROSS, JENNIFER	7/11/90

### 200 Free

2:03.74	KILIAN, CAROLINE	7/31/95
2:04.99	KLINE, LAURIE	3/30/93
2:05.48	LISCHKE, COURTNEY	7/31/95
2:07.33	LYDERSEN, KARI	8/6/93
2:07.53	KREUTZJANS, BECKY	8/14/01

### 200 Breast

2:32.62	ELLIS, ALEXANDRA	8/1/06
2:35.77	RASMUSON, KIRSTEN	8/6/99
2:36.90	SHANNAHAN, MONICA	7/23/98
2:41.45	ELLIS, CORINNE	7/19/01
2:49.85	FREGA, DESIREE	7/27/95

### 400 Free

4:19.47	LISCHKE, COURTNEY	6/15/95
4:19.97	LYDERSEN, KARI	7/30/93
4:20.74	KILIAN, CAROLINE	7/31/95
4:23.68	KREUTZJANS, BECKY	8/12/02
4:24.28	CURNOW, FEONA	1/1/81

### 100 Fly

1:03.70	SHANNAHAN, MONICA	8/8/95
1:04.69	O'KANE, ERIN	7/16/00
1:05.77	WILLI, JEANNA	8/1/96
1:05.85	KREUTZJANS, BECKY	7/18/02
1:05.99	SHAFIR, DAPHNA	8/1/98

### 800 Free

8:44.31	LISCHKE, COURTNEY	3/14/95
8:51.18	LYDERSEN, KARI	7/30/93
8:57.26	KILIAN, CAROLINE	7/6/95
9:00.31	TUKEY, JENNA	8/6/93
9:00.35	KREUTZJANS, BECKY	3/19/02

### 200 Fly

2:14.54	SHANNAHAN, MONICA	8/13/96
2:18.06	KREUTZJANS, BECKY	8/12/02
2:18.64	O'KANE, ERIN	8/1/00
2:20.07	ELLIS, ALEXANDRA	7/13/06
2:20.51	SHAFIR, DAPHNA	8/1/98

### 1500 Free

16:43.51	LISCHKE, COURTNEY	3/14/95
17:04.06	TUKEY, JENNA	3/30/94
17:05.62	LYDERSEN, KARI	8/6/93
17:16.02	KILIAN, CAROLINE	8/2/94
17:19.92	ROSS, JENNIFER	8/7/89

### 200 IM

2:21.73	SHANNAHAN, MONICA	11/30/95
2:22.59	KREUTZJANS, BECKY	8/3/01
2:23.69	ELLIS, ALEXANDRA	7/13/06
2:26.31	ELLIS, CORINNE	5/25/01
2:26.81	HILBER, ALEXANDRA	7/14/05

### 100 Back

1:04.67	MACMANUS, DIANA	5/28/99
1:06.60	KEITHLY, ERICKA	8/7/92
1:07.49	KREUTZJANS, BECKY	7/25/99
1:09.28	ENGSTROM, BETH	1/1/88
1:09.44	CURNOW, FEONA	1/1/81

### 400 IM

4:55.79	KREUTZJANS, BECKY	3/28/01
4:56.49	ELLIS, ALEXANDRA	3/28/06
4:57.16	SHANNAHAN, MONICA	7/6/95
5:00.71	LYDERSEN, KARI	8/6/93
5:02.68	HILBER, ALEXANDRA	7/13/06